



# Young Adults Panel

## Role Description

**Team:** Type 1 Team

**Main contact:** Michaela Wragg

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### Who are we?

We are the UK's leading diabetes charity.

Our vision is a world where diabetes can do no harm: where fewer people get diabetes; where those with diabetes live well; and where ultimately a cure is found.

### What is the Young Adults Panel?

2017 is an exciting time for our Type 1 work. We have bold plans to be there for more young adults than ever before – through the daily ups and downs of Type 1 as well as the big milestones.

To do this we want to bring together a group of young adults living with Type 1 to help us shape our work. By volunteering your time and sharing your views, you can help us make a real difference to young adults living with Type 1.

### What you'll be doing...

You'll be helping us reach more young adults living with Type 1 with support that is relevant, practical and accessible.

This could mean giving us feedback on the resources we produce – such as a guide for young people moving into adult care, or videos on Type 1, sex and dating.

It also means shaping the work we do online, from helping us plan bold social media content to blogging about your volunteering.

Above all we want you to be vocal about what matters to you, and what you think we should be doing to reach more young adults living with Type 1.



## ...And where?

That's the best bit!

Most of the time you can help us from anywhere, as long as you have a computer or laptop with internet access and a bit of free time.

And twice a year we'll have a get together in London so you can meet everyone in the group, share experiences of life with Type 1 and help us shape our work.

## Who we are looking for

- You'll be aged between 18-30 years old and will live with Type 1 diabetes.
- You'll be confident in telling us what you think about our Type 1 work and help us reach other Type 1s to get their views too
- You'll be able to give a couple of hours a month to us, plus attend two get togethers in London a year.
- You'll be able to do the role until May 2018.

## What you'll get from us

- You'll be part of a team that makes a real difference to other young adults living with Type 1 diabetes.
- You'll have a member of Diabetes UK staff who will support you in your role and who you can contact with any questions.
- You'll get to put your existing skills into practice, and learn new ones – including reviewing publications and website copy, helping to shape social media content, blogging and team-work.
- Once you've volunteered for 12 months, we'll be happy to provide a reference.
- You'll be reimbursed for any agreed expenses whilst carrying out your role.

## How to get involved

Download the application form, fill it in and send it to [michaela.wragg@diabetes.org.uk](mailto:michaela.wragg@diabetes.org.uk).

Applications need to be in by 31<sup>st</sup> March. We will invite shortlisted candidates for an interview (skype, telephone or in person- we aim to be flexible) so we can get to know each other a little better.

We will hold an induction meeting on 13<sup>th</sup> May in London to get you clued up on Diabetes UK and our Type 1 work. We'll explain in more detail what you'll be getting up to and you'll get to meet the rest of the group.

Have some questions?

Email me at [michaela.wragg@diabetes.org.uk](mailto:michaela.wragg@diabetes.org.uk) or call 02074241065.