

**YOUR  
WAY**

## **How to fundraise at school**

**Fundraising shouldn't be as scary as  
an afternoon detention, it's as easy  
as A B C! Let us show you how.**

**DiABETES UK**  
CARE. CONNECT. CAMPAIGN.



# Our top tips

As part of our type 1 diabetes Make the Grade campaign we are campaigning so that all children with Type 1 diabetes get the support and care they deserve at school and have the same opportunities at school as other children. So whether you are in primary or secondary school, follow our top tips and ensure you're top of the class!

## FAB WAYS TO FUNDRAISE

### GET ACTIVE

- **Walk for diabetes** Walk to school? Walk around the school playing field? A walking assembly? Wherever you want to walk, do a sponsored walk for Diabetes UK! You can download our pack [here](#).  
For a bigger challenge, grab your class together and take on 13 bridges across the River Thames with our London Bridges Challenge. [Sign up today!](#)
- **Swim 22** Could your school swim the equivalent of the English Channel and swim 22 miles? Split the challenge up between forms and take the challenge on as a team. If 22 miles is too much, how about 22 lengths? Or 22 students, taking on one length each? However you decide to swim the channel, [sign up today!](#)
- **Goal!!!!!!** How about a charity football match? Ask for sponsorship for selling programmes, ticket sales, penalty shoot outs or a skills training session. You can also try rounders, netball, a sponsored sports day or Olympics.

### BOGGLE YOUR BRAIN

- **Sponsored games** Bzzzzz – could your students take part in a sponsored spelling bee, or stay silent for a whole day? Ask for a donation every time they speak during their sponsored silence; or set 30 words for them to learn and spell correctly over a given period and ask them to get sponsored for each word they spell correctly.

- **Book sales and readathons!** Once students have bought their books, ask them to get sponsorship for reading them! If books are not their thing, ask for sponsorship for poems, comic books or online articles and stories read? Ask for donations and let children dress up as their favourite book characters on World Book Day.
- **Hold a quiz** What's the tallest mountain in the world? What is fastest mammal? How about holding two sets of questions, one for children and one for teachers?

### HAVE FUN

- **Denim for diabetes and non uniform days** Denim for Diabetes does what it says on the tin! Wear denim for a day with donations going to Diabetes UK. Other ideas could be a non-uniform day or a 'beating Type one and Type two by wearing blue' day.
- **Teddy bears' picnic or cake sale** If you go down to the woods today, you are sure of a fundraising surprise! For younger students, organise a teddy bears' picnic and for older students, how about holding a cake, fruit or sandwich sale? Remember to label everything correctly and check with the [foods standards agency](#) for more information.
- **School's got talent** You thought Simon Cowell was scary? Try facing a screaming crowd of students! Students and teachers can get involved with a school talent show and sell tickets at the entrance.

## CHARITY OF THE YEAR PARTNERSHIPS

If you're interested in choosing Diabetes UK as your next school charity of the year, we would love to hear from you! Contact your [local regional fundraiser](#) for more information.

# Get in touch

Now you're ready to receive your A\* in fundraising, **contact us today** for more information on these, and other ways for your school to get involved. Order your **free fundraising pack!**



## Pay in your money

Write a cheque payable to **Diabetes UK** and send to your **local office** or **pay in online.**

## Thank you

With your fundraising help, we've produced the Type 1 diabetes at schools packs and supported over 100 parents with our 'Care in Schools' helpline providing rights based information and advocacy support.

 @diabetesuk

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**CALL:** 0345 123 2399

**www.diabetes.org.uk**

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