Going on a course has given me more confidence. It’s helped my overall wellbeing.

Joni, living with Type 2 diabetes

Taking control of your diabetes is easier when you have been on a diabetes education course. Ask your healthcare team today for more information about diabetes education and support.

Find out more:
0345 123 2399*
www.diabetes.org.uk/taking-control

*Takes may be recorded for quality and training purposes.
A charity registered in England and Wales (215199) and Scotland (SC039136). © Diabetes UK 2016 063004A 9994NT/0616