I felt in control of my diabetes for the first time in 10 years.

Andy, living with Type 1 diabetes

Taking control of your diabetes is easier when you have been on a diabetes education course. Ask your healthcare team today for more information about diabetes education and support.

Find out more:
0345 123 2399*
www.diabetes.org.uk/taking-control

*Tolls may be recorded for quality and training purposes.
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